

Group Timetable 2026/2027

Stay & Play groups



Our sessions are all about building strong bonds and giving your little one the best start in life. Every activity is designed with simple, fun ideas you can easily try again at home, no fancy equipment needed!

It's also a lovely chance for babies and young children to play and make friends, while you get to connect with other parents too.

Location	Venue	Day	How often?	Time
Bodmin	Bodmin Family Hub	Thursday	Weekly	13:00-14:30
Callington	Callington Family Hub	Monday	Weekly	10:00-11:30
Camborne	Tincroft Room, Camborne Family Hub	Wednesday	Weekly	9.30 - 11.30
Culdrose Babies	Culdrose Community Centre	Thursday	Weekly	11:00-12:30
Culdrose Toddlers	Culdrose Community Centre	Thursday	Weekly	9:00-10:30
Hayle Babies	Hayle Family Hub	Tuesday	Weekly	11:15-12:30
Hayle Toddlers	Hayle Family Hub	Tuesday	Weekly	9:30-11:00
Launceston	Launceston Family Hub	Wednesday	Weekly	10:00-11:30
Liskeard	Liskerrett Community Centre	Friday	Weekly	10:00-11:30
Newquay Babies	Newquay Family Hub	Monday	Weekly	10:00-11:30
Penzance	St John's Hall, Penzance Family Hub	Monday	Weekly	9:30-11:00
Saltash Babies	Saltash Family Hub	Wednesday	Weekly	10:00-11:00
Saltash Toddlers	Saltash Family Hub	Wednesday	Weekly	13:00-14:30
St Austell Babies	St Austell Family Hub	Wednesday	Weekly	9:30-10:45
St Austell Toddlers	St Austell Family Hub	Wednesday	Weekly	11:00-12:30
St Dennis	St Dennis Family Hub	Thursday	Weekly	10:00-11:30





Walk & Talk groups

Step outside, boost your wellbeing, and enjoy some fresh air with us! Getting outdoors with children is a great way to lift your mood, ease stress, and connect with others.

Location	Meeting point	Day	How often?	Time
Helston	Fairgrounds Car Park	Friday – variable dates	Monthly	9:30-12:30
Penzance	Penlee Park	Monday	Weekly	11:00-12:00
Saltash	Saltash Family Hub	Last Wednesday	Monthly	13:00-14:30
Truro	Boscawen Park	Wednesday	Weekly	10:00-11:30



Twins & Multiple Birth groups

Our sessions are all about building strong bonds and giving your little ones the best start in life. The Twins & Multiple birth groups do everything that our Stay & Play groups do, whilst also providing the opportunity for you to connect with other families with twins or more!

Location	Venue	Day	How often?	Time
Falmouth	Chi Aberfala	Second Monday	Monthly	10:00-12:00
Saltash	Saltash Family Hub	First Wednesday	Monthly	11:00-12:30

To book a space at any of our groups, please email us on info@homestartkernow.org.uk.